

Wellbeing Through Creativity

Come to our free wellbeing creative sessions on
Thursdays or Fridays 10 am - 12 pm (no session on half terms)

Where: Art4Space, 31 Jeffreys Road,
SW4 6QU.

The sessions will be a peer led space for
creative expression, connection, community,
mindfulness and promoting wellbeing.

Creative sessions will include personal
mosaic and ceramic projects, which will
develop as sessions increase.

Everyone is welcome. Book space via email.

**ART
4
SPACE**

Create. Connect. Inspire.

Contact: peer@art4space.co.uk / 07568578151

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